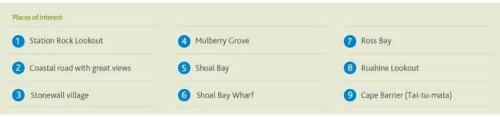


## Discovering Tryphena

Trouble with Tryphena: if you linger here, it might make your ordinary life seem less than perfect.

All you need to know to enjoy exploring this area for a day.





Walk safe: for walks longer than 30 minutes, wear good shoes, a sun hat and sunblock. Carry water.

Most tracks are clearly marked.

Find out more: phone 09 301 0101 or visit www.aucklandcouncil.govt.nz

